

## TOBACCO CESSATION REPORT

For the first time, a collaborative effort by 3 departments (Oral medicine and Radiology, Public Health Dentistry and Oral Pathology) was successfully executed i.e. a series of events and activities on eve of the World No Tobacco Day, from 25<sup>th</sup> May 2019 to 31<sup>st</sup> May 2019.

Counseling of the patients regarding tobacco addictions, methods of cessation and a positive reinforcement was carried out by the staff and interns for number of patients.

Fully dedicated tobacco cessation cell was inaugurated by the Principal, Dr.Ramandeep Dugal, Registrar, Mr. R.A. Shaikh in presence of all the senior faculties and other staff members, with the sole objective of working towards the eradication of tobacco addiction in near future for the benefit of the patients and their families. Dr.Rahul Maniyar, the District Consultant of National Health Mission held an interactive session, with role play by interns, depicting actual scenarios encountered on day to day working area of a Tobacco Cessation, Expert/counselor. Dr.Pritam Mankupre, Dental surgeon and Head of Rural hospital (Ghodegaon) also spoke about the finer details of addictions and the dentist's role in helping out the people involved. The students and interns performed street plays trying to depict the factual contents of tobacco, its health effects and the overall effect on the life of family and friends of an addict.

The interns also had an interactive session with students and faculty where they discussed in length about the different techniques of dealing with patients with tobacco abuse, the type of addiction and the challenges they face with chronic offenders.

On 31<sup>st</sup>MAY 2019 No Tobacco Day was celebrated with didactic lectures that included Dr.Amita Aditya (Reader, Department of OMDR, Sinhagad College and Hospital, Pune) and Dr.Renuka Nagarale (HOD, Department of PhD, MARDC, Pune) spoke in detail about the different forms of tobacco commonly used, their side effects and also shared tips in overcoming these practices with the non-teaching faculty of the campus.

One of the non-teaching staff, Shabana Shaikh was felicitated by the speaker as she had volunteered to quit the habit.

Overall the week was tremendous with both active participation from staff, students as well as Non-teaching staff including patients who pledged to quit the tobacco habit following interactive sessions.



**Tobacco Cessation Cell**



**Inauguration done by, Principal,  
Dr.RamandeepDugal, Registrar,Mr R.A Shaikh**



**Skit performed by interns on 'Ill Effects of Tobacco'**



Felicitation of guest lecture



Senior faculty visiting tobacco cessation cell



**Participants of didactic lecture**



**Counselling of Patients**



**Felicitation of Non teaching staff**